

# Annual Progress Report-ASSN 2023

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*RESCUING NEPALI DAUGHTERS FROM HUMAN TRAFFICKING AND GENDER BASED VIOLENCE*

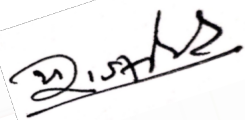
Submitted By: Aashish Social Service Nepal (ASSN), *Butwal-Nepal*  
Submitted to: Free The Beloved Nepali Daughters, *The Netherland*

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*Dear Free The Beloved Nepali Daughters (FDBND),*

*We are delighted to present the annual progress report of Ashish Social Service Nepal (ASSN) for the year 2022. As a dedicated non-governmental organization working tirelessly to combat human trafficking in Nepal, This report serves as a comprehensive overview of our activities, impact, and outcomes achieved during the year. It will detail the various programs implemented by ASSN, including border surveillance efforts aimed at intercepting potential trafficking cases, skill development trainings designed to empower vulnerable individuals, and the provision of safe home facilities for survivors seeking refuge and rehabilitation. Throughout this report, you will find compelling narratives of lives transformed, testimonials from beneficiaries, and statistical data that reflects the tangible impact of our work. It is a testament to the resilience and strength of the individuals we serve, as well as the dedication of our team and the collaborative partnerships we have forged with governmental and non-governmental stakeholders.*

*We extend our sincere gratitude to the FTBND team, our committed staff, board members, volunteers, and supporters whose unwavering dedication and support have been instrumental in our progress. We are also deeply grateful to the survivors who have shown tremendous courage in sharing their stories, inspiring us to continue our fight against human trafficking.*



*Sincerely,*

*Thank you for standing with us on this important journey.*

*Yubaraj Bishwokarma*

*Executive Director, ASSN*

## Our programs for the year 2023

ASSN's work in 2023 under the Anti-Human Trafficking Ministry was focused on three key categories: Prevention, Empowerment through Skill Development Trainings, Protection and Rehabilitation through Safe Home Facilities. The statistical data and detailed information regarding ASSN's activities within these categories during the year are as follows:

S.N.	Borders	Information sharing and counseling	Emergency Shelter Home and accommodation	Safe Home Referring And training	Family Reunion And reintegration	Cases Handed To The Police
1	Thori Booth	1130	110	3	60	60
2	Butwal Bus Park Border	1980	131	5	84	84
3.	Sunauli Border	2700	120	7	172	172
4.	Mahepur Border	1740	116	5	132	132

### Prevention:

#### Border Surveillance

Adding two more border surveillance units at Sunauli border and Mahepur border this year has significantly strengthened our prevention efforts. The prevention program, which includes border surveillance, Emergency Shelter homes, and family reunions based on the girls' needs and best interests, has been effectively implemented with the support and coordination of Nepal Police and the local government. During the counseling sessions, the girls were educated about the tactics used to lure and deceive young vulnerable girls with false promises of a better life, exploiting their poor financial situations and dreams. They

were equipped with the knowledge and resources to recognize these deceptive practices and were provided with ways to reach out to ASSN in case of emergencies or safety concerns. This comprehensive approach not only enhances our ability to prevent human trafficking but also empowers girls to protect themselves and seek assistance when needed, ensuring their safety and well-being.



### Emergency Shelter Home:

A total of 110 girls at Thori Border, 131 girls at Butwal Bus Park, 120 at Sunauli Border, and 117 at Mahespur Border were provided temporary accommodation at the Emergency Shelter home. Here, they received safe housing, food, and counseling services. The primary goal was to ensure their immediate safety and well-being. Many of these girls were successfully reunited with their families and relatives with the support and assistance of the Nepal Police. This family reunification process was crucial in ensuring that the girls could return to a stable and supportive environment.

For the remaining 20 girls who did not have immediate family or relatives to return to, they were referred to the grace shelter home for additional training and programs. These programs aim to provide them with essential skills, support, and opportunities for a brighter future.



### **Empowerment:**

- Skill generating training:

ASSN conducted skill development trainings with the goal of empowering individuals and reducing their vulnerability to human trafficking. Around 20 individuals in total were accommodated at the safe house facility, where they received not only shelter but also participated in skill-generating training programs. These trainings were designed to equip participants with valuable skills that enhance their employability and provide sustainable livelihood opportunities. The focus was on empowering individuals to become self-reliant and resilient against the threats of human trafficking.



*Girls at Safe home learning Sewing Cutting Training*

- Social Leadership Development Training (SLDT):

Under the Empowerment through Skill Development Trainings category, Ashish Social Service Nepal (ASSN) conducted the Social Leadership Development Training (SLDT)

program. This program spanned six months and provided extensive training on various essential topics, delivered by expert trainers. The topics covered during the training included Law and its Implementation, Moral and Ethical Values, Financial Management, Personality Development, and Communication Skills.

The primary goal of the SLDT was to equip the girls with valuable knowledge and skills to foster their social leadership abilities. Through expert-led sessions, they gained a deeper understanding of the legal framework, enabling them to navigate legal matters effectively and advocate for themselves and others.

Moreover, the training emphasized the importance of moral and ethical values, instilling a strong foundation for making responsible choices in their lives. Financial management skills were also imparted, empowering the girls to handle finances effectively and make informed financial decisions.

The program further focused on enhancing their personality development, encouraging self-awareness, confidence, and personal growth. Communication skills were integral to the training, as effective communication is crucial for expressing ideas, building relationships, and advocating for oneself and others. Through targeted sessions, the girls developed their communication abilities, including verbal and non-verbal communication, active listening, and assertiveness.

By providing the girls with this comprehensive training program, ASSN aimed to nurture their leadership potential and equip them with the necessary knowledge, skills, and values to become influential change-makers in their communities. The SLDT played a crucial role in empowering the girls and preparing them for a brighter and more resilient future.



## **Protection and Rehabilitation:**

### Safe home (Grace Shelter Home)

The Safe Home, known as Grace Shelter Home, operated by Ashish Social Service Nepal (ASSN), plays a vital role in providing a secure and supportive environment for girls intercepted at the border who find their homes and immediate surroundings unsafe to return to. The primary purpose of the Safe Home is to ensure the safety and well-being of these girls who have experienced the traumatic effects of human trafficking. Within the nurturing environment of Grace Shelter Home, the girls receive comprehensive care and undergo counseling as part of their mental and physical recovery process. Professional counseling services are provided to address their emotional and psychological needs, aiding in their healing process.



Throughout the year, a total of 20 girls were accommodated at the Safe Home, where they found solace and protection from further harm. They were given individualized care and support tailored to their unique circumstances and requirements. The dedicated team at Grace Shelter Home prioritized their physical, emotional, and mental well-being, ensuring they received the necessary attention and assistance.

Through the Safe Home program, ASSN demonstrates its unwavering commitment to protecting and supporting these vulnerable girls, offering them the care and support they need during their journey towards healing and empowerment. The Safe Home serves as a sanctuary where they can rebuild their lives, regain their self-esteem, and develop the necessary skills and resilience for a brighter future.

ASSN recognizes that providing a safe and nurturing environment is paramount to the girls' overall recovery and reintegration into society. Grace Shelter Home plays a crucial role in facilitating their recovery process and empowering them for a better tomorrow.





### *Birthday Celebration of our daughters*

#### - Reintegration:

Ashish Social Service Nepal (ASSN) recognizes that combatting human trafficking involves more than just rescuing and rehabilitating survivors. Therefore, we place significant emphasis on comprehensive reintegration support to ensure the long-term well-being and successful reintegration of survivors back into society.

Reintegration is a critical phase in the survivors' journey as they transition from the safe environment of shelters or safe homes back into their communities. This year, ASSN worked diligently to provide survivors with the necessary tools, resources, and support systems to rebuild their lives and reintegrate successfully. For the 20 girls at the safe home, ASSN provided educational support by facilitating access to non-formal education opportunities, vocational training, and skill development programs. Equipping survivors with knowledge and practical skills enables them to pursue sustainable livelihoods and become self-reliant.

In addition to educational support, ASSN also focused on the survivors' psychosocial and emotional well-being. Survivors often face significant trauma and may require ongoing counseling and therapy. Therefore, ASSN provided comprehensive mental health support, ensuring access to professional counseling services, trauma-informed care, and support groups. This assistance aided in their healing process and promoted resilience as they navigated their post-trafficking journey. Furthermore, ASSN actively collaborated with governmental agencies, community leaders, and local organizations to create a supportive environment for survivors. By raising awareness, challenging stigmas, and fostering community acceptance, ASSN created a safe and inclusive space where survivors could rebuild their lives without fear of discrimination or re-victimization. Successful reintegration is a collaborative effort involving survivors, their families, communities, and various stakeholders. ASSN plans to facilitate community reintegration by continuing to organize sensitization programs, engaging in advocacy campaigns, and promoting social inclusion. By fostering understanding, acceptance, and empathy, ASSN aims to create a society where survivors can lead dignified and fulfilling lives.



*Reintegration of one of the daughters after finishing the safe home training*

### Other Important Programs:

Aside from our main efforts like stopping trafficking, teaching skills, providing safe homes, and helping reintegrate survivors, Ashish Social Service Nepal (ASSN) also worked hard to educate the public. They organized events to help people learn about women's rights, human trafficking, and laws and also organized awareness program at schools.



On International Women's Day, girls at the training center learned about women's rights and laws in our country, as well as gained awareness about human trafficking. A street drama was held locally to educate people about women's violence and human trafficking. Likewise,

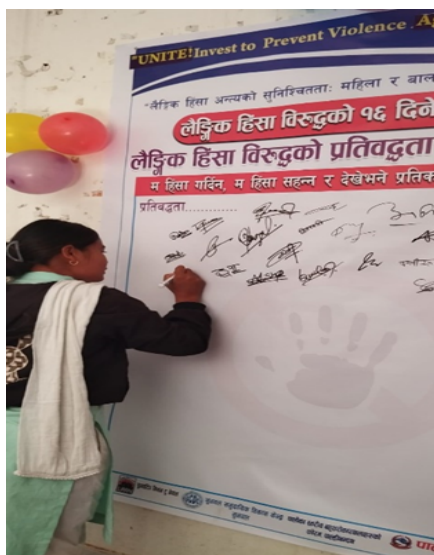
a rally was organized in Butwal to grab people's attention and raise awareness about gender-based violence and human trafficking.



**On 16 Days of Movement against Gender-based Violence,** ASSN organized public awareness programs in all of our four-booth location. These programs, held over a period of 16 days, aimed to engage the community in meaningful discussions, challenge societal norms, and address the prevalence of gender-based violence. Through these initiatives, ASSN encouraged dialogue, education, and collective action to combat gender. Based violence and promote a culture of respect and equality. Street rally was organized to aware local people.



The ASSN Mahespur team actively participated in the celebration of the 16 Days of Activism Against Gender-Based Violence 2023, marked by the slogan "United! Invest to Prevent Violence Against Women Girls!" This involvement underscores the commitment of ASSN Mahespur to contribute to the collective efforts aimed at preventing and addressing violence against women and girls. By participating in such initiatives, the team aims to raise awareness, promote unity, and emphasize the need for investment in preventing gender-based violence within communities.



An awareness campaign to combat human trafficking and gender-based violence was organized in collaboration with other NGOs and local government at Sunauli Border. The ASSN staff played an active role in this initiative, highlighting the organization's commitment to addressing and preventing these critical issues. By participating in such campaigns, ASSN aims to raise awareness, educate the public, and collaborate with other entities to collectively work towards ending human trafficking and gender-based violence in the community.



Recognizing the importance of teamwork in combating human trafficking, Ashish Social Service Nepal (ASSN) actively arranges and participates in coordination programs and events. These efforts aim to improve engagement with other departments like local government and police, fostering a united approach to eradicating human trafficking. Throughout the year, ASSN organized four coordination meetings, providing a platform for stakeholders to come together, exchange insights, and plan collaborative strategies. These meetings were valuable opportunities to address challenges, share information, and align efforts in combating human trafficking. Additionally, ASSN participated in around 17 programs organized by various concerned organizations, contributing expertise while learning from others' experiences. By actively engaging in these programs, ASSN aimed to build networks, share best practices, and strengthen partnerships with like-minded organizations. This collaboration amplifies the collective impact in the fight against human trafficking. The organization understands that combating trafficking requires coordination among multiple stakeholders, including government agencies, law enforcement, civil society organizations, and concerned individuals. Through collaboration, ASSN seeks to maximize resources, avoid duplicating efforts, and enhance the overall efficiency and effectiveness of its interventions.







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